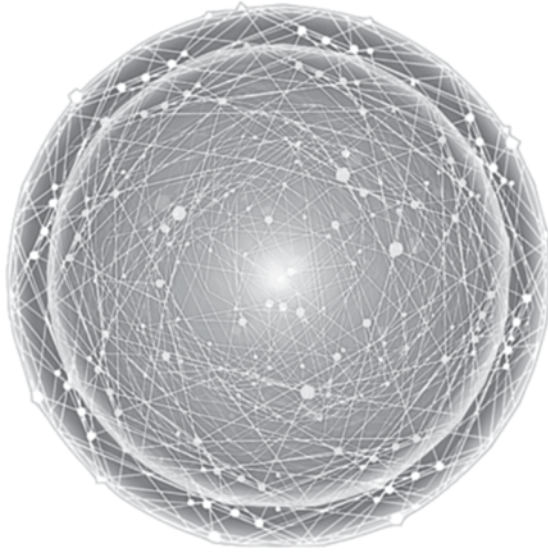


# THE EVOLUTION OF THE SPIRIT OF MANKIND



## THE EIGHTY-SECOND REGIME OF LIGHT WORKERS



Through the Medium: Julie MacDonald

Foreword by Malidoma P. Somé, Ph.D.



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# DEDICATION



This book is dedicated to two very special people.

Larry “Mellif” Lewis, who foretold the coming of this book long before it even began and continues to inspire from the Ancestral Realms.

Diane Destasio Haskins, who has always believed in and encouraged me and not allowed me to make excuses or put this work off.

I love you both beyond words . . . and bow in reverence to your love and roles in my life.



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This book would not have been at all possible without the help of my trusted friends and assistants, Yves Nazon and Patti Fasen, who

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To my dear friend Michael Kennedy, whose encouragement at the very height of my psychic unfoldment helped me embrace this connection



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with Spirit and dig deeper and farther than I thought I could.

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# FOREWORD



When the familiar becomes new, and the journey to it is cut short by the gift of destination, the usual notion that lasting change must come as a sacrificial reward takes on a new meaning. We discover, much to our surprise, that what we went on a tedious quest for was always there with and in us. But a change like this still involves challenges. One of them is the daunting courage to bestow trust in something that comes at no cost to self; something we often say is too good to be true. There are countless voices that would utter disbelief, others that would invoke impossibility, and the rest would be quick to dismiss. Yet, the great question of the day is: what if this is the one and only bearable change available in our times? This contemplation is a mind-bending challenge to open up to possibilities never entertained before: change as a return to who we are.

The pages that follow are a rainbow waterfall of revelatory words from the other world with compelling colors like love, compassion, nurturing, humility and commitment. They are pouring through a special channel managed by entities that call themselves The Eighty-Second Regime of Light Workers. They flow down from an ascended place of awareness from which they

can afford a bird eye view of the world and of us humans on a path riddled with so much pain and sorrow as we try to ascend to the very state and place where change concords with humanity's utmost aspirations. This mighty bunch, like an alarm that goes off, pour their gentle wisdom upon our longing souls. There is no tension in what they offer. In fact they encompass the essential things humans desire: Joy, compassion, love and connection to all things. Therefore there is no doubt that the revelations contained in these pages address everything essential to human ascension to consciousness. This is a gift of love.

When the human struggle to capture truth and meaning crashes over and over into the landscape of inquiry in a Sisyphean oxymoron, when confused minds wander aimlessly in a vast expanse littered with their failures, the utter distress of the soul translates into a stare in great bewilderment at the all elusive quest. The Eighty-Second Regime of Light Workers want us to invest in the belief that there is no such thing as failure; that all is informed by the specific learning modality we chose.

The revelations captured in this book are old and new at the same time because of their simple complexity. Sometimes it feels like these wisdom keepers are not teaching anything new, and sometimes what comes through is surprisingly simple. But these voices of truth seem to push up toward greater self-forgiveness and a

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deeper understanding of the profundity of the plain and simple. In the end, it all comes down to the timelessness of love as the unifying birth-mark of humanity and of this planet

Reverend Julie MacDonald is a medium by birth, a professional psychic, and a spiritual activist at the cutting edge of consciousness. What comes through her is radical, credible and utterly compassionate to the plight of humanity. The gift of the message is a measure of the depth of her connection. It is a monumental synthesis of our relationship with who we are: spirits in search of ourselves. In this book are the blueprints of what it takes to get back to that zero point module that is us, and bow to this message with great reverence.

Malidoma P. Somé, Ph.D.  
Dagara Elder

Malidoma P. Somé is author of *The Healing Wisdom of Africa, Ritual: Power, Healing and Community*, and *Of Water and the Spirit: Ritual, Magic and Initiation in the Life of an African Shaman*. He is a West African Elder, author and teacher, as representative of his village in Burkina Faso, West Africa, has come to the west to share the ancient wisdom and practices which have supported his people for thousands of years.

## EDITOR'S NOTE



*There are many changes coming, and you must be prepared. There is nothing that you need to fear. There is nothing you have ever had; there is nothing you will ever lose . . . . We call to you from the beautiful places, the peaceful places; and we call to you from the hellacious war-torn places. We call to you always. Will you, shall you, dare you heed the call? We are of the Eighty-Second Regime of Light Workers, and we are here to serve you.*

The communications contained in this book will seem both very familiar and very, very new. Readers will find threads of esoteric and Eastern religions, "New Age" movements, Christianity, positive thinking, the writings of A.J. Davis and other early Spiritualists, and the most pressing conversations going on in modern American culture. But where they will seem both most familiar and most challenging is that they speak to the deepest and most relevant questions of the human soul. Through the medium, the Eighty-Second Regime of Light Workers addresses our fiercest longings and desires and passionately exhorts us to change. This change is not a departure from who we are, but rather a potent and triumphant return.

In their own words, the Eighty-Second Regime is a sect or sub-sect of a group conscious-

ness that is committed to assisting humanity's spiritual evolution through direct communication. This evolution covers a wide range of the human experience—work, religion, family, children, the environment, and society, to name a few—but the spirits are insistent to inform us that these divisions and spheres of the human experience are unified by their connection to the deeper work of the human soul. The Eighty-Second Regime is a collective consciousness made up of four different personalities: Rebecca, a playful, jovial spirit; the Compassionate One, a feminine energy full of love and empathy for human kind; the Grandfather, who speaks of the natural world both in terms of the environment and the ecology of the human experience; and the Uncle, a physically expressive spirit with connections to indigenous and related traditions. These four spirits come together in a group consciousness through the medium, presenting, in their own words, “a bigger vehicle toward the truth.”

The book is divided into several chapters, each reflecting various sittings performed by the medium and one or two assistants. From the outset the spirits have intended for their communications to become this book, and they insist compellingly: “Mark our words that if you are reading this, you have put out that call. And so, all of this, every last piece of it, every nook and cranny of it, applies to you.” Readers who take this statement seriously will soon realize

the magnitude of the joyful work reading this book will compel them to undertake.

The first chapter, "Introduction to the Eighty-Second Regime of Light Workers," points out the hunger for religion in North America as evidenced by the increasing popularity of esoteric and Eastern traditions. This hunger, the spirits believe, comes from a lack of reverence people have for each other, the Earth, and the variety of the human condition. The spirits insist that anyone coming to the book to look for the one true answer should step away; they "do not wish this book to be used to *limit* anything." This openness, this sense of guidance, of raising questions rather than answering them, is perhaps one of the most important themes in the communication.

The next chapter, "Where the Eighty-Second Regime Resides," presents more of the ins and outs of the spirits and the nature of their communication. They speak of their world as interwoven with ours, injecting thoughts into the parts of the human brain that can receive it, their communication is filtered through the brain of the human. The information, they insist can also be diluted by limited human understanding. Their ability to communicate is made possible by and through the interconnected nature of all things, which is circular and expanding. This view speaks a great challenge to much of our current understanding, especially in regards to religion, and to one of

the key themes of the book. Given individual perspectives, limited views or the inability to understand are not failures, but merely the nature of the particular sphere that the medium, reader, or even spirit dwells in. Confusion or mistakes are not failures, but simply the natural condition of souls that continue to make progress. This is a freeing and inspiring perspective that is further developed throughout the book.

After these introductory chapters, the spirits move on to discussing particular issues.

The spirits continue to explore humanity's growth in the next chapter, "The Principle of Karma." They explain that when a person incarnates on Earth, they have chosen a life plan based on what they feel they need to learn or give to others. They present the idea that "evil" people are not punished in the afterlife, but rather perhaps came to Earth to follow a goal of destruction that enables others to be more loving. This is a radical departure from a society based on punishment and retribution, even in our most esoteric or seemingly loving traditions. The spirits point out the retributory nature of humanity's understanding of karma and say that *gathering . . . pleasure from the idea that if someone has spurned [you], then that person will be spurned in return . . . in and of itself is incorrect. Because the spurning could have been for you to learn something you need to learn, and they have done you a favor. Therefore, they may get something*



*“good” in return, and we use your word “good” only for your understanding.*

This wonderfully challenging idea exemplifies the nature of the communications you’re about to read.

In the next chapter, “The Principle of Balance,” the Eighty-Second Regime expresses the idea that natural disasters and societal ills are ways of nature to attempt to balance itself.

This idea is further explored in the subsequent three chapters, “Principles of Creation and Abundance,” “Abundance Should Not Matter,” and “More on Creation and Abundance.” These sections go at the heart of capitalism and material gain in all its forms. The Eighty-Second Regime discusses the generative nature of thought, and how that thought energy extends throughout the universe. They are quick to point out, however, that unlike certain popular ideas today, such as those professed in other texts that discuss manifesting desires, prosperity and the creative power of thought are not necessarily linked. It is by wanting something, by creating in order to achieve a material or even spiritual gain, that the positive nature of thought is missed and misunderstood. In their own words, “When one can find . . . offer themselves out of the sincerest heart and not out of some ego-driven desire to be altruistic or to learn the ‘secrets,’ or to *master* the principles, then one will be achieving the highest good.” Understanding that a lack of material

abundance does not necessarily mean that one is performing poorly spiritually or even that one is in a bad situation can bring an immense amount of comfort and, more importantly, open up avenues for generosity regardless of one's situation. The Eighty-Second Regime exhorts us to "manifest more and then give it away! . . . Better yet, manifest love, compassion, and mercy, for that is your true nature."

The next chapter, "The Nature Connection," shows the links between the cycles of the season and the cycles of the spirit, and highlights the need for connections to the natural world. This is not simply the environment, but the ecological nature of the human condition and the life cycle's similarity to the cycles of nature.

"Dreamtime for Personal and Spiritual Growth" discusses what is communicated through dreams, how problems can be addressed through dreams, and the nature of meditation and lucid dreaming. The spirits highlight the importance of keeping a dream journal and manifesting positive and sincere intentions when going into dreams.

"The Common Threads Between the Various Religions" reintroduces the consequences of limited perspectives. The Eighty-Second Regime tells us that all religions have some core of the truth, but it is the shift of those truths from ways of being to becoming recorded and immutable laws that have turned them into a force for pain and suffering in the world. The

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Eighty-Second Regime also reminds us that it is religionists' acquisitive tendencies, the desire for a payoff that turns religion into a negative force in the world. This is a potent statement for the world today.

The last chapter, "Meeting the Over Souls in the Forest," was one of the first communications channeled by the medium for this book. It discusses some of the nature of spirit communication and communication in general and is very personal to the medium and recorder. This chapter brings the text full circle in many ways. The book also features an epilogue and appendices that further detail some of the topics addressed by these entities.

In addition to its channeled messages, the book also contains details about the process of the communication sessions with the spirits and some background information into the medium and her assistants, both in the final chapter and throughout the text. The book gives an inside look at the medium's process of coming to know and communicate with these spirits, as well as the effect that these communications had on her life and practice. This is often not seen in similar books, and this information makes the text stand apart as more than just channeled messages, but a book *about* channeling as well.

Throughout this text, these entities remind us that anyone picking up this book has been specifically called to it for a purpose. Readers coming to it with openness, honesty, and a true

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commitment will find themselves faced with an exciting choice: the choice not to change into someone new, but to transform into exactly who they are.

*Our mission, our contract, is not to serve you in ways to feed the ego, or to give you quick resolve, but to further you along the path of the unfoldment of the spirit made flesh . . . To bring you that much closer to the love that you are, that much closer to your own purpose here. When we say purpose, we do not mean your individual purpose, we mean the larger purpose. We are happy, for lack of a better word, to serve. With love from the cosmos.*

## AUTHOR'S NOTE



It has been more than eight years since I was first tasked with the compiling of the material for this book. Along the way, I have fought and resisted, and finally surrendered to it. Even now as I write the authors note I ask myself where this material came from. Did I just make it up? Have I been fooling myself, and am I fooling everyone else? For the most part, I do trust in my connection with Spirit and specifically my connection with those who call themselves the Eighty-Second Regime of Light Workers. However, I did not start this out with the same belief and conviction. The place that I have arrived at, within myself is that even if I am making it up, it is a good way to live. When I follow the advice of these writings, when I view the world through the glasses of this wisdom, I am more loving, compassionate, accepting, daring, and alive.

But I am getting ahead of myself. I suppose it would be important to start at the beginning of the journey that led me to this point. As a young child, I recall having "imaginary friends." Growing up in rural Vermont I often went into the woods and would "talk" to the people and little people I would encounter there. I don't recall ever feeling like it was unusual at the time.

As a teenager I experienced having the spirit of my grandfather visit me in the middle of the night before I had received word from my mother that he had died. There were others after that I had seen that were deceased; however, I had convinced myself that I had made them up. For some time, I believed that I had created these lies.

I recall getting “feelings” that something “bad” was going to happen. After a while, my mother would yell at me to “stop saying that.” This was because whenever I would say it, inevitably, something viewed as “bad” would occur. On some level, I began to believe that I was making it happen by saying it, so I stopped saying it. I imagine that I also knew when “good” things were going to happen; however, the “bad” stayed with me longer.

Growing up in a poor household with an alcoholic father and an overwhelmed mother was challenging, to say the least. Over time, I began to numb myself, to numb my fears and feelings with alcohol and other substances. During this time, I also managed to numb my connection to Spirit and to “knowing things,” though not always. I would still “feel” little things, such as what job to apply for, or what boy was going to be my next boyfriend by only seeing or hearing his name. Again, I was told that I had made these things happen because I had made a statement about them. Still, my connection was foggy at best due to my use.

However, upon my ceasing of the use of alcohol and drugs, it all came flooding back.

My connection began heightening when I began working with others in recovery. As a group facilitator in an in-patient rehabilitation facility, I would know things that clients had not told me. I would suddenly bring them up in the group as though I had already known them. I facilitated cathartic group sessions without having a clue what I was going to do in the group prior to walking through the door of the group room.

I specifically recall thinking that I was losing my vision because I would see shadows and colors around clients. The interesting thing was that the colors would change depending on the clients and their moods. I did not realize until a little later that I was seeing their auras.

As these connections and knowing began increasing at a rapid pace, I started looking into what was considered "New Age spirituality." Luckily, at that time, I had a mentor and friend who had gone through some of this herself and helped me realize I was not going crazy. One of the most frightening things to happen early on was that I was meditating, and I recall watching myself from above my own body (I later learned this was called astral projection). I did not, however, stay above my own body. I suddenly saw myself looking in a mirror as I stood beside a client that had recently been discharged from the program I was working in. This client had a

gun to his head. I watched myself speak to him, and he handed me the gun. A short while later, I received a phone call from my officemate, who stated that this same client had just called the unit looking for me and had shared with her that he had been holding a gun to his head and that I had appeared to him. Needless to say, I was just a little freaked out by all of this, yet I knew, somewhere deep inside of me, that this was some important sign along the road of my life. I had no idea why, though.

There are many, too many, stories to tell about the unfoldment process that continued to occur at a pretty rapid pace; however, it would be important to note here that one of the things that occurred was while meditating, I became aware that, at times, when I would come out of meditation, I would have a sense that I had been "talking." I spoke with a friend about this, and we decided to conduct an experiment. I would go into meditation, and if I began speaking, she would then ask questions. We recorded that session (though I never saved the cassette), and to this day, I do not remember anything that was said; what I do remember is that there was a point where I was overwhelmed with love and peace and saw so many beautiful colors in my mind's eye. When I had shared my experience to my friend, she relayed that it had been then that she had asked the question, what is God?

Shortly thereafter, I dreamed that I met a man who said, "Follow me. I am your teacher



now." The next day, without much thought, I called a holistic center that had psychic development classes and asked for an information packet. This packet included a picture of the same man that was in my dream. I enrolled that day. At the time, my decision to enroll was to be around others who were like me, or that was what I thought. Little did I know that it would completely change my life.

I began classes and, three years later, was teaching at the same institute and had enrolled in the seminary program to become a spiritualist minister, despite having been quite averse in the beginning of classes to what I considered "buying into a religion." I began regularly conducting séances and offering psychic readings to others.

In 2004, a gentleman was referred to me by a mutual friend for a consultation. What I knew about him prior to the consultation was that he was an engineer of sorts. I thought it interesting that someone who worked primarily with his left-brain would be seeking a psychic consultation. Upon his arrival and my introduction, I had a sense that this man was going to be an important part of my life. I felt inclined to invite him to the home circles that I was conducting even though I did not know him well. He began attending and became the official recorder of the circles. At some point, I also realized that he was the same man who had sat in a circle I had conducted at the center I was involved with.

I recalled that at the time, while seated in the dark, when I heard his voice, there was some strange draw to him. When the circle was over, the man that I had met did not match the voice that I had heard, so I discounted the feeling.

Three years later, it was this same man, Yves Nazon, who sat before me with a digital recorder as we entered our first official channeling session. At this time, I was still not aware that this information was being recorded for this book.

Over the course of a few months of holding these channeling sessions, Yves began to express that he felt the material would be great for a book. Being somewhat unsure still of this process, I discounted his suggestions. Eighteen months later, I could no longer deny what was supposed to be. We met and agreed that Spirit was pushing us to take down information to be compiled into the book that you are now reading.

As I release my hold on this material, I am also releasing my resistance to fully stand in the truth of who I am. A task that has over the years become less difficult to do than it is to not do. Occasionally, when left to my own thinking I do still wonder, is this real? Are these beings really speaking through me? Is it just an imagined thing? Regardless of these questions, one thing that is clear to me is that wherever this information comes from, this material is good, solid advice for living in peace, joy, and love. How do I know this? Because I have felt such things each and every time I followed the teachings.

## MEET THE COSMIC FAMILY



**The Eighty-Second Regime of Light Workers.** To use “their” words, a sect or sub sect of a group consciousness (whom we refer to as ‘The Collective’) that has committed itself to assisting humanity in its spiritual evolution from the ethers through direct communication.

I am quite sure that one day I will find this “title” that they have dubbed themselves (for our own human need to associate “energy” with a label) to be a play on words. For this channel, although it is an awkward “name,” I have managed to connect with it by imagining they represent the spiritual warriors, assisting us humans in fighting our divisive nature both within ourselves and toward others. It is important to note here that in 1995, when I first began “channeling” spontaneously through direct writing, the energies referenced themselves as being a part of the “Legion of Light.” My feeling is that the Eighty-Second Regime “sect” is part of that legion.

Below you will see some separate identification of energies that are at times present with a persona of their own. However, we have been told that they are all part of this consciousness. When the consciousness comes through not as a seemingly distinct energy, there tends to be

either no accent or much emotion, or you can hear dribs and drabs of each of these personas listed below commingled with many other energies. The voice and words sound most like my own when it is the collective consciousness that we are accessing.

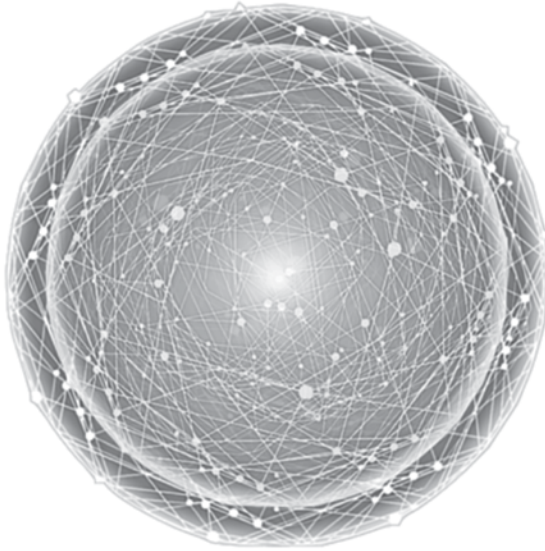
**Rebecca.** A feminine energy that speaks with what seems to be a British accent. She informed us we could refer to her with the ‘code name’ Rebecca. She is quite charming and jovial and a favored persona of many. She also has a playful spirit about her and often jokes or teases the audience.

**The Compassionate One (feminine energy).** She has never identified herself by a name or a “code name.” She has a very soft and fragile sounding voice. She shows quite a bit of love and empathy for humankind in her words.

**The Grandfather.** He speaks slowly, intentionally, and gently. He has a strong association with the Earth and often speaks to current earthly issues in both the physical environmental sense and the “climate” of people. He speaks often of the “old ways.”

**The Uncle.** His speech is strong and has a hint of an accent on certain words based on his inflection. Quite expressive with his hands, his face becomes somewhat pinched when speaking. He is also the more directly challenging one of the group.

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# INTRODUCTION TO THE EIGHTY-SECOND REGIME OF LIGHT WORKERS



August 22, 2007 – Yves was recording and directing questions. This session was seventy-five minutes in length. This was the first session that was recorded with the intention of being used for this book.

THE COLLECTIVE: Greetings. We would like to start out this evening really touching on what we refer to as pop spirituality culture—and understand that this would be our “disclaimer,” so to speak, as we talk on this subject. There will be much more expansion on this at some point, but clearly we address this more for those who are ready to receive the expanded information of what is currently popular in your culture as a whole. There is a fad, in the masses currently that is good for a starting point of evolving; however, that which we are referencing has limitations, and it is getting people stuck in certain areas. Some will continue to stay stuck. But we would like to talk to you about the limitations of some of this current spirituality.

There are many wonderful things that are happening right now, especially on this

continent, because over the past fifty years, those in North America have been exposed to many different traditions. Whereas before, they might have known of them, it is now becoming more mainstream for people to begin to explore other practices. Meditation has become a popular thing that people are doing—yogic studies; different studies in Buddhism, Hinduism, and Sufism; and many other traditions, many of them Eastern thoughts, Eastern philosophies. However, what is happening often is that people are taking a piece of a philosophy, and they are getting only that one piece without having the broader perspective of the teachings. People are reaching for more because there is hunger. There is hunger right now because of what has been happening in the last one hundred years or more on this continent. People have been seeking for more. There has been a rapid shift, so to speak, in the culture: in intellectual pursuits, in material pursuits, and in all of those things. And as a response, people desire and see the need for spiritual connection. That pursuit is certainly elevating the consciousness of some of you here on Earth. However, there are many who are currently teaching some of these philosophies or practices who have honed in on only one angle, which is fine in and of itself, because perhaps that is what they are specializing in to teach. However, when it is only looked at in this small view . . . when you look at only one brick out of the whole building, you do not see the whole



building. You cannot build the whole building with only that one brick, yes? Therefore, the purpose of us coming is to share with the world, additional information regarding these principles because it is important to help others “wake up further,” so to speak.

You have, for instance, a practice in your popular culture that you call yoga. This yoga is a very good exercise. However, yoga means practice. The word yoga is equivalent to “practice.” The purpose of yoga in its original context was to organize the various practices that one used as a whole for spiritual fulfillment and spiritual evolvment and for bringing the goodness or the light into their lives to share with others. So when you take one piece of a practice that was meant as a small part of a whole, you become very limited. There are many who are fooled into believing that as they are distorting their bodies, this is a spiritual practice. Perhaps compared to not distorting their bodies, it is. However, this is a physical exercise that is meant to fine-tune the physical body, to detoxify the body and keep it in good running order. All of the other yoga’s or practices remain “behind the walls or veils,” so to speak. There are those who practice them, there are those who know of them, but there are many who stay right here in this place of seeing how far they can stretch the human body because that often is easier than stretching the human mind, the human spirit, or the human heart, you see? It is important that people begin

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to practice something beyond their own self-improvement. That is, it is not only the physical body that will evolve—although it will, and we will talk about that at a later date—but also they need to evolve the spirit. And so, it is important that people begin to expand their awareness. One thing that is greatly, greatly lacking in your society here is reverence! [*Stated in a loud voice and quite passionately.*]

There is lack of reverence for each other, for the Earth, for the light, and even for what one would consider the dark. There are many churches, synagogues, mosques, and temples where people may don their finest clothing or their appropriate attire for these places where they go for their practice on a Sunday or a Saturday or any other day of the week. They may have their ideas about things or their rules about them from these religious places that they frequent, but so often, there is no true *reverence for the spirit of it*.

When we say “the spirit of it,” we do not mean spirits such as those of us who are imparting information, and certainly we do not wish to be idolized as though we are God, for we are not. But even within the area of direct spirit communication, there is also oftentimes lack of reverence and lack of respect. People want information, people want messages, people want to hear from this one or that one, people want to know what to do now or how to have the best life, and there is lack of *recognition of the privilege*

of what is being opened up in the universe for humanity to access.

YVES: Yes.

THE COLLECTIVE: This dissemination tonight is what you would refer to as the preface to the disseminations that are to occur, which will be grouped into certain categories, certain principles that we will discuss including how and where humanity is stuck within them; and when we say humanity, obviously, we are not speaking of all of humanity, but we are talking about the seeming trend right now, where most people are at and where they limit themselves. We will break down some of these universal principles and talk about their purpose, where each principle was derived from, the intention at the time, and how these same principles hold true or where they may interfere in evolution at this point in time. Obviously, there are so many different traditions and religions; we could not possibly touch on all of them without having to write a "twenty-five-volume set," if you will. [*Humor in tone.*] Besides, this vehicle probably will not be around long enough for that to be done, for that is very, very tedious and would take many decades of disseminating, and we would lose the readers' interest. For who is going to sit down and read twenty-five volumes except for your scholars?

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So we will attempt to address different areas; we would like it to be clearly stated and emphasized that our purpose in going into these things is not to judge or to say, "This is right," or "This is wrong," but to say, "Here is an expanded view . . . here is a broader perspective . . . here is where the path can lead you to," if you should choose to seek further advancement, further evolution, and again not advancement of your personal self.

There are many wonderful teachings that have been disseminated over time, on your earthen plane. There are many wonderful things that come from some of these teachings, even within their limitations. Understand that even as we speak to you now, our ability to transmit the information is limited. Firstly, by the human vehicle, secondly, by your human capacity to understand, and thirdly, we may be at a certain place, but there is so much beyond us that is more refined, that has more information than what we have. There is information that even we do not have access to yet.

And so we are coming at it from the place where we are, in order to disseminate because even if we were to give you that information that is beyond us, even that which we can reach out and grab, it would not be possible for your current human brains to wrap (themselves) around it. Therefore we must meet the people where they are. We cannot ask you to jump into the ocean if you have not yet learned how to

swim. So the imparting of the information will expand upon some of the more simplistic teachings of the principles. However, it will not be complete. It is very important to make clear that this is not at all a complete picture. This is not the be-all and end-all; this is one further piece or some further pieces of information that can be useful in getting you to the next place in your development. We will not give you the ancient secrets of all time or the “infallible word,” as some people are looking for. It is out there—we will be honest, it is. However, none of you can reach it yet. There are some in distant places; many who do not walk amongst you have realized it, and because they have realized, it is very difficult for them to walk amongst you. Because the consumerism, the commercialism, and the level of vibration of the Earth right now or of those upon the Earth right now pull them back in to the illusion, and they begin to lose the realization.

So it is very difficult to bring the whole teachings. If the masses were to have the whole teachings, hysteria would result, you see? There would be massive chaos. Therefore, again we must meet the people where they are and bring them to the next place, then the next, and the next, and so on. This is what some of your religions do. This is what some of your teachings do.

Certainly, there are enough teachers out there who are bringing people farther in their awakening and understanding of spirituality,

but there is not enough of it being spread out to the general population. You understand?

There are books that have been written where others have tapped into *universal wisdom*. They have used certain buzzwords to get people's attention. But even they themselves have begun to think that they have disseminated the be-all and end-all information. There is one who, at one time, expounded quite a bit but, even then, could not give all of the information. There are many ancient wise teachers who walked upon the Earth who told the truth; however, not everyone could hear the truth. Likewise, as we are sharing this information, some people will hear a small amount of it; some will hear much more of it, and we say unto you, "Let them who have eyes see, and those who have ears hear."

In all that we say, there is a deeper meaning and a deeper truth to what you are hearing because the human language barrier, you understand, makes it difficult, not only for you to absorb fully, but for us to fully impart.

There must be the necessary language available in this computer [*pointing to the area of the brain*] for us to use.

At times, we can and have come through with words or sayings in different languages; however, this personality, whose vehicle we are now using, carries those languages somewhere in the soul memory, and that is why they are accessible. Although when we are speaking, our energy is concentrated in the physical vehicle,

there is a part of the personality of this person that remains, you see?

We do not necessarily take over completely. Therefore, we would not be able to speak in another language. Some of us have lived on your earthen plane at one time and spoken different languages; however, we cannot speak them unless they are accessible to us within this computer. The language that we speak now is not even a "language." [*Smiles.*] What we are is thought and vibration and form. We communicate through that, even as our energy gets concentrated into here, here, and here. [*Hands placed on top of head, forehead, and throat.*] We are still limited because when sending our thought forms to a human, it is picked up in words. In the ethers, when you are in between your lifetimes, you are not speaking to those of us who are around you. We are emanating! We are one thought. We are many pulses that make one pulse.

Some of this that we are saying now is introductory. We ask that as part of this project, you listen to these recordings after each session and you will devise questions to further us into the areas that we are discussing. The queries would be based on where the human race is currently in their development. Some of the obvious questions are how does this information get passed on, how is it accessed, and so forth.

One of the questions that Julie, had asked of us when we began pushing for this

dissemination to be imparted beyond smaller circles was "Who am I to impart this?" "Who am I to do this?" Likewise, other people will be asking that very same thing. "Well, who is this? What are this person's qualifications?" What we say about that is, "She needs no qualifications, for it is not she that is speaking."

There will be, at times, information that is very simplistic in nature; at other times, there may be things that become more of what you refer to as scientific. At times, it may seem more obscure and difficult for understanding. And again, some will understand and some will not.

We will also say to you that we do not claim to come through as God! "God" is also a very limiting word. The Ultimate Supreme Power can—through watering down thoughts, watering down vibrations—it can and does trickle down to where we exist, and can then be passed into others, and finally to humans. However, make no mistake, the Ultimate Supreme Power, the Ultimate Supreme Force, cannot be put into words. In fact, it vibrates and pulsates at an immeasurable rate because the Ultimate Supreme Force is all. It is all things. Therefore, it cannot be condensed and made so small as to have a "direct line," so to speak. Yet you are all wired into it! You see? There is a wiring in, but it is so large and beyond comprehension that even our own comprehension here in the ethers is not complete. And yes, we may come before you and speak on spiritual matters



just as others have done and will do from time to time—just as your great teachers that have walked upon the earthen plane have taught of spiritual matters. Some may even have a closer link to the truth than we. Yet they are not now, have never been, and would never be direct links to God. Your sacred scriptures are not, have never been, and will never be the ultimate word of God. Not one of those books, even the one that comes the closest to expounding upon a small glimpse of the truth of the many different realms of existence, can touch the truth. You cannot contain in a book or on a paper the magnitude, light, and love of Creation. [*Stated with much emphasis.*] It is an impossibility. So anyone who picks up this book looking for the answer or the path or the way might as well throw it back down now. For we do not wish this book to be used to *limit anything*.

There have been and continue to be, in your world, many horrific events, wars, fighting, breaking apart of nations, of friends, of families. All in the name of having the truth of the one God or the one idea of God, or being against someone's idea of God. And we will not be a part of that.

This is the “cocktail before dinner,” if you will, something to whet the appetite. A brief overview, really, an introduction to the next phase of what humans are ready for now.

There are many pieces of truth, but they do not make the truth until all are woven together.

Just as it is with the work of artisans who weave, craft, or fashion things. The painter starts on a stark board and may start in one place of the painting to create. But the starting point is not the whole painting. The painter moves out from the starting point and oftentimes returns to the same starting point. Those who make your fancy quilts do so piece by piece by piece. The beauty and the usefulness of it only come after it is all woven together.

Likewise, the fabric of humanity needs all of these pieces, all of these different people, different cultures, and all of these different religions to move to the next place of being woven together to make it useful.

Many religions are more cultural practices than anything, based on where the practices originated and what the culture was at the time. Many religions and people who practice religion become fixated on teachings that were passed on during a time where certain things needed to be disseminated for that time period, for those current struggles. The struggles today are different, you see? If the human is to evolve, then the teachings must evolve. For the only way that some of those teachings are fully applicable is if you move humanity back to that time, place, and culture. Including the specific geographical places of existence from which they derived. There were certain practices that had to do with the area that people lived in, in order to survive, get along, or in order to move to the next place

at the time, within the context of those specific circumstances of living.

People are now displaced to other geographical locations which differ from where they originated, and society has become what often is referred to as—although we would beg to differ—more civilized, more built up, and what is available and what is in those same places is different now than it was then.

If you were to attempt to take a horse-drawn carriage, down the same pathway that it once drove down, in your present geographical location, well, then it would bump into the buildings. So the teachings are the vehicles! They are the vehicles to evolution. There are some that, for lack of a better way of explaining it, are lesser vehicles and some that are greater vehicles. That is not a judgment; it just means that one has more horsepower than the other. Just as in your driving vehicles, you have economy vehicles, luxurious vehicles, racing vehicles, and many other types of vehicles. All may drive down the road; and some will get you there faster than others will, some will give you a wider and clearer view of things around you, some will keep you safer, and some will have the air or wind blowing in your hair and so on.

We will pause for a moment to see if you have a query based on what we have said thus far. Again, remembering of course that many of these little things we have touched on, we will go into at length within the confines of

this book. In the meantime, we ask, do you feel the need for clarity within the context of this introduction?

YVES: No, everything is very clear. Just I'm anxious to get to more expanded parts of it. For example, you mentioned one of the religions is somewhat closer to the truth but not quite. I'd like to inquire about that . . .

THE COLLECTIVE: Let us correct that. It is not so much closer to the truth as much as it contains or is a bigger vehicle toward the truth, you see? We must state clearly that it is the teachings we speak of, not the religion. The teachings contain more places to explore and find the truth because you must understand, we are not here to say, "Follow this way, for this is the right way"—for there is no one *right* way.

It is important to reiterate that we will not, at any point in these teachings, claim to be saying to you that one is the truth.

There may be teachings that are a larger container for truth and others that are narrower. But again, just as we are limited, as we have mentioned, when we are using this body, similarly, all of your sacred scriptures were filtered through a human being (although there would be some in the world who believe differently). And so the filtering is filtered still—through the human mind and its own limitations, its own language barriers, its own comprehension,

although, certainly, there are things that can occasionally come through the human body or voice or pen that go beyond what one thinks they had access to or what one thinks was available to them. Still, we spoke of this earlier: the program needs to be present in the computer (the human brain) in order to transmit. Therefore, any of these writings, *including this one*, has limitations.

What we hope to achieve, if nothing else, in these things that we will talk about is to begin to weave together some of these pieces of your religious practices to make them a whole practice that people may become more reverent. For when you become more reverent toward something, you also become more reverent toward others. All of you are a piece of God and if one can have reverence for God, *true reverence*, not reverence out of fear, not worship out of practice, but just reverence . . . reverence includes a love of, a desire for, a level of gratitude, and recognition of the beauty in all things, then they can see the possibility of all things. People show reverence by what they do, just as any gratitude they have is shown by what they do. These are not feelings for one to have. One may at times feel more peaceful, yes? Or they have moments of being reverent, but reverence is not a feeling. It is a state of being or a practice. Everything is a practice, you see? Everything! The sacred and the more mundane are all practices.

*[Long pause.]*

COMPASSIONATE ONE: The lack of reverence is that which has contributed to the death of the heart of humanity. With the death of the heart comes the death of the spirit. You pick and choose whom to honor, whom to respect. And yet we say to you that, truly, there is no one being who is worthy of more or less respect than the other. For each of you is a part of the greater whole, and each part is needed to help the greater whole. There are such atrocities, there is such suffering because you are all so afraid to look, really look, into each other's eyes. To see the divinity, or the spark of divinity that resides there. In some people, you may see that spark more present or prevalent. They may walk with it more apparent. While you should honor that, do not use it to make others less respectful.

Those who use their teachings or their religions to teach that this one thing should be more respected, or this one person, or this one religion, or that they perhaps should be more respected than others should, are doing a grave disservice to humanity. Many of them mean well, of course. However, let us be clear, there is not one of you who is not deserving of reverence.

In your world, there is such a loss of that. In this place, in this geographical location of the nation of America, there is almost nothing that is revered or sacred in the true meaning of sacredness. Food is bought and wasted;

trees and lands are destroyed with no thought because the only thought is, "How do I get what I want next?"

THE COLLECTIVE: This group of humanity that exists right now on this Earth, if it continues in its ways, will cave in upon itself, although not in your current lifetime. Yet we are here to tell you that this does not have to happen. There are those who say that it will happen because it must happen. This is not quite true. There is a sickness in the land; a sickness of hunger, and this hunger at times is filthy and vile. For even while there are some who are going without and have true physical hunger, many of you still are only hungering for more of what you already have—for a higher position, for more things to show the world that you have "succeeded." Yet the only thing you are successful at in this way of living is that you are becoming more and more irreverent. At times such as these, there may be the idea that in the conviction of which we speak, it may seem also a contradiction that we talk of all beings being the light and the hope for humanity. *But there is no hope if you do not look at the truth.*

Earlier, the physical being (Julie) stepped on a piece of glass, and the human body could have continued on its way with the piece of glass in it, correct? The glass could have then made its way farther into the skin. Well, there could have been infection, or the cut may not have become

infected and the glass would have just sat in the cut for some time. We do not really know, but the point is there is an immediate recognition here in the physical body that says, "Oh, there is pain . . . there is something there I must remove." In the world of your spirit and the world of emotions, oftentimes you look to remove things just as quickly. In doing so, you say, "This is painful. I do not wish to see it, I do not wish to feel it, and therefore, I am going to rip it out," or "I am going to cover it up," or "I am going to get more such and such because, then, I will be okay, I will be happy. Once I get this, I will be happy. Once I find that, I will be happy. I will be happy once I find the right spiritual path, get a new car, get a new home, have children, when my children have grown . . ." You see, the search is constant; it is *constant*. There is nothing—not your houses or your cars, your fancy foods, your children or lack of children, your teachers, your books, or your religious texts—that will bring you happiness. Because even when you are experiencing happiness, it is human nature to want more of it. You are going to look farther; you are going to look deeper to amass more happiness, you see? Peacefulness is what brings joy. There is a difference between happiness and joy. But suffice it to say that part of the idea is that people are busy chasing happiness rather than experiencing the joy of the spirit made flesh. You understand? We have now nearly come to the end of our



introduction. Most important of all, however, in this introduction, shall be the following:

*We are most appreciative of the opportunity to serve in a different or larger way, and to any of you who pick up this book; we say to you that we have worked with you to get you this far. And we are available to continue to work with you that you may understand this on a grander scale, on a deeper level. We sit humbly before you as your servants of light. Our mission, our contract, is not to serve you in ways to feed the ego, or to give you quick resolve, but to further you along the path of the unfoldment of the spirit made flesh, to further you closer to the light that exists in all things. To bring you that much closer to the love that you are, that much closer to your own purpose here. When we say purpose, we do not mean your individual purpose, we mean the larger purpose. We are happy, for lack of a better word, to serve.*

*With love from the cosmos.*